

Because it is important for our planning, we ask that you register at least 4 weeks before a group starts.

Registration Form (Confidential)

Your Name: _____
 Preferred Name: _____
 (for your tag)
 DOB: _____ Religion: _____
 Your Partner's Name: _____
 Preferred Name: _____
 (for your tag)
 DOB: _____ Religion: _____
 Phone: BH: _____ AH: _____
 Mobile: _____
 Address: _____

 Suburb: _____ Post Code: _____

Have either of you been married previously? Y / N
 Do you have children? Y / N
 How long have you been a couple? _____
 Date of Wedding? _____
 Place of Wedding? _____
 Who suggested this program to you? _____

We wish to book in for program No: _____
 Payment enclosed: \$ _____

Credit Card Details

Mastercard Visa Expiry Date:
 Card No
 Signature of card holder

All Centacare programs are conducted in a relaxed, friendly, non-judgmental environment. The facilitators are experienced and qualified professionals who draw upon current research about relationships to support and encourage individuals and couples in their relationship happiness and success.

Family Relationship Services Program

For further information and bookings:

Telephone: 5337 8908
 PO Box, 2537, Bakery Hill 3354
 34 Peel Street North, Ballarat
 Email: frsp@centacareballarat.org.au

Web: www.centacareballarat.org.au



Catholic Diocese of Ballarat Inc.
 ABN 51 857 084 361



An Australian Government Initiative



Preparing for Marriage
 2010

“Preparing for Marriage”

We all have a need for connection with other people and most Australians say that their couple relationship is very important.¹

Being in a loving relationship is good for your health, wealth and happiness!

Understandably many people are nervous about the risks of commitment these days. No one wants, or plans it all to end. But whether this is your first, second or third relationship, there are many positive steps that you can take to make for long-term success. These include:

- Understanding what you personally bring to your relationship
- Knowing what the risk factors are for your particular type of relationship
- Becoming more aware of your relationship strengths and growth areas
- Being open to learn and try new things

There is certainly not ‘a right way’ to be married, but it is important to establish positive patterns in the first two years. Preparing for Marriage is a good opportunity for engaged couples to strengthen their communication skills and to explore together the essential ingredients for creating and maintaining a lasting and satisfying marriage.

1. ABS 1997

Topics include:

- The balancing act of modern marriage
- Coupleness and individuality
- Dealing with differences and making love last
- Bringing the best of both backgrounds together

Ballarat:

1. Saturday 30 January
2. Saturday 27 February
3. Sunday 21 March
4. Saturday 22 May
5. Saturday 19 June
6. Sunday 25 July
7. Saturday 21 August
8. Saturday 23 October
9. Sunday 21 November
10. Saturday 4 December

Time: Programs start at 9.45am and finish at 4.00pm. Lunch is included

Cost: \$100 per couple

The venue and program details will be confirmed prior to the program’s commencement date. Concession rates may be negotiated.

“Individual Programs”

If a group is not offered at a time that suits you, please contact us to find out if extra dates have been scheduled. Alternatively you may like to consider an individual program which offers flexibility.

PREPARE™ and FOCCUS™ are offered throughout the year by appointment and are suitable for couples:

1. Preparing for marriage
2. Marrying with children from a previous relationship
3. Cohabiting

A facilitator will work with you over 3 to 4 one hour sessions to build on relationship strengths and identify possible growth areas. These programs are based on scientifically developed questionnaires, which most couples find very interesting.

Time: Available by appointment.

Cost: \$100 per couple.

Participant Feedback

“I didn’t think we would get much out of a program like this because we already live together and know each other really well. But I was suprised how helpful it was. The communication ideas were really relevant for us.”