

centacare, catholic diocese of ballarat inc.



Preparing for Marriage

centacare
we care.

WARRNAMBOOL

www.centacareballarat.org.au

Marriage is the most challenging, complex and yet rewarding commitment two people can make to each other. Preparation is essential in making such an important life choice, with research showing that pre-marriage education significantly improves the chances of a successful relationship. The goals of Centacare's pre-marriage education program are for couples to:

- explore relationship strength and growth areas,
- improve communication skills,
- learn how to cope with and resolve conflict,
- discuss relationship roles and expectations, and
- to focus on personal, couple and family goals.

Centacare offers these sessions as private consultations.

FEES: \$120 (up to 3 sessions)

For Intake & Information

Ph: 03 5559 3000

CONFIDENTIALITY:

Centacare is compliant with the Federal Privacy Act, 1988. Counsellors adhere to Centacare's Mission Statement and Code of Ethics.

Family Relationship Services Program

Level 1, 142 Timor Street
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